**NHS PHARMACY FIRST SCOTLAND**

NHS Pharmacy First Scotland is an NHS service provided by your local community pharmacy.

**WHO IS THE SERVICE FOR?**

You can use NHS Pharmacy First Scotland if you are [registered with a GP practice](https://www.nhsinform.scot/care-support-and-rights/nhs-services/doctors/registering-with-a-gp-practice) in Scotland.

If you have a minor illness, a pharmacy is the first place you should go for advice. You do not usually need an appointment and you can go to any pharmacy.

The Pharmacist or a trained member of the pharmacy team will give you advice and provide medicine if needed. They may refer you to another healthcare professional if they feel your condition needs further investigation or more specialist care. For example your:

* GP practice
* Dentist
* Optometrist
* another NHS service

**HOW DOES THE SERVICE WORK?**

Pharmacists and their teams are experts in medicines and can help with minor health concerns.

A pharmacist, or a member of the pharmacy team, can give you advice and treatment (if you need it) for various minor illnesses and common clinical conditions.

Your pharmacist can advise you about conditions such as:

* [Acne](https://www.nhsinform.scot/illnesses-and-conditions/skin-hair-and-nails/acne)
* [Allergies](https://www.nhsinform.scot/illnesses-and-conditions/immune-system/allergies)
* Athlete’s foot
* Backache
* Blocked or runny nose
* [Cold sores](https://www.nhsinform.scot/illnesses-and-conditions/mouth/cold-sore)
* [Constipation](https://www.nhsinform.scot/illnesses-and-conditions/stomach-liver-and-gastrointestinal-tract/constipation)
* [Cough](https://www.nhsinform.scot/illnesses-and-conditions/lungs-and-airways/cough)
* [Cystitis (in women)](https://www.nhsinform.scot/illnesses-and-conditions/kidneys-bladder-and-prostate/cystitis)
* [Diarrhoea](https://www.nhsinform.scot/illnesses-and-conditions/stomach-liver-and-gastrointestinal-tract/diarrhoea)
* [Earache](https://www.nhsinform.scot/illnesses-and-conditions/ears-nose-and-throat/earache)
* [Eczema](https://www.nhsinform.scot/illnesses-and-conditions/skin-hair-and-nails/atopic-eczema)
* [Haemorrhoids (piles)](https://www.nhsinform.scot/illnesses-and-conditions/stomach-liver-and-gastrointestinal-tract/haemorrhoids-piles)
* [Hay fever](https://www.nhsinform.scot/illnesses-and-conditions/immune-system/hay-fever/)
* [Headache](https://www.nhsinform.scot/illnesses-and-conditions/brain-nerves-and-spinal-cord/headaches)
* [Impetigo](https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/impetigo)
* [Indigestion](https://www.nhsinform.scot/illnesses-and-conditions/stomach-liver-and-gastrointestinal-tract/indigestion)
* [Mouth ulcers](https://www.nhsinform.scot/illnesses-and-conditions/mouth/mouth-ulcer)
* Pain
* Period pain
* [Shingles](https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/shingles)
* Some skin conditions such as [cellulitis](https://www.nhsinform.scot/illnesses-and-conditions/skin-hair-and-nails/cellulitis) or [insect bites](https://www.nhsinform.scot/illnesses-and-conditions/injuries/skin-injuries/animal-and-human-bites/)
* [Sore throat](https://www.nhsinform.scot/illnesses-and-conditions/ears-nose-and-throat/sore-throat)
* [Threadworms](https://www.nhsinform.scot/illnesses-and-conditions/stomach-liver-and-gastrointestinal-tract/threadworms)
* [Thrush](https://www.nhsinform.scot/illnesses-and-conditions/sexual-and-reproductive/thrush)
* [Urinary tract infections (UTIs)](https://www.nhsinform.scot/illnesses-and-conditions/kidneys-bladder-and-prostate/urinary-tract-infection-uti)
* [Verrucas](https://www.nhsinform.scot/illnesses-and-conditions/skin-hair-and-nails/warts-and-verrucas)
* [Warts](https://www.nhsinform.scot/illnesses-and-conditions/skin-hair-and-nails/warts-and-verrucas)

Pharmacists, like GPs, can only provide certain medicines and products on the NHS. All of these are proven to be effective in treating your condition.

If you want a specific medicine or product, you may need to buy it. The pharmacist will give you advice on this.

Some pharmacists have an additional prescribing qualification which allows them to prescribe a wider range of medicines normally only available from your GP practice. If the pharmacist or a member of their team thinks it is better for you to see your GP or another healthcare professional they may refer you directly or tell you to make an appointment.

**HOW DO I USE THE SERVICE?**

When you visit the pharmacy, the pharmacist (or one of their team) will ask you for some information including your name, date of birth and postcode.

The pharmacist or a member of their team will then:

* Ask you about your symptoms
* Give you advice on your condition
* Provide medication (if you need it)
* Refer you to another healthcare professional (eg your GP) if they think this is necessary
* Set up a Patient Medication Record (PMR) to make a note of any advice and treatment they give you

You can ask to use the pharmacy’s consultation area or room if you want to speak to the pharmacist in private.

**PRESCRIPTION MEDICATION DISPENSING SERVICE @ RICCARTON**

The Practice offers a courtesy prescription collection/medication delivery service for registered patients, given prescriptions from the Riccarton Practice, living on or off Campus. Medicines can be collected up to three working days but may take longer if stock limited.

Medication can be collected between 5pm and 6pm Monday to Friday. Patients should collect their medication within 7 days. Medication not collected on day 14 will be returned to the Pharmacy.

Alternatively, if you live off Campus, prescriptions can be handed in to any local Pharmacy (examples below – see NHSInform.scot for more). Some Pharmacies are open on Saturdays and Sundays.

**Currie Pharmacy**

162 Lanark Road West

CURRIE, EH14 5NY

Opening Hours: 9.00am to 5.45pm

**Lindsay & Gilmour**

536 Lanark Road

JUNIPER GREEN, EH14 5DJ

Opening Hours: 9.00am to 5.30pm

**Omnicare**

2 Home Street

EDINBURGH, EH3 9LY

Opening Hours: 9.00am to 6.00pm

**Apple Pharmacy**

65 Dalry Road

EDINBURGH, EH11 2BZ

Opening Hours: 9.00am to 5.30pm

**Boots**

230-232 Gorgie Road

EDINBURGH, EH11 2PN

Opening Hours: 9.00am to 6.00pm

Gyle Shopping Centre, Unit 10

EDINBURGH, EH12 9JR

Opening Hours: 9.00am to 7.00pm

48 Shandwick Place

EDINBURGH, EH2 4SA

Opening Hours: 9.00am to 6.00pm

101-103 Princes Street

EDINBURGH, EH2 3AA

Opening Hours: 9.00am to 7.00pm

121-127 St James Crescent

EDINBURGH, EH1 3AD

Opening Hours: 9.00am to 8.00pm